



The Parenting Children Course

Family life is under great pressure today and parents face bewildering choices about how to parent effectively. Discovering we are not alone in the challenges we face and picking up ideas from other parents can make a huge difference. We can all learn how to make even the happiest family better. The Parenting Children Course is for every type of parenting situation, including parenting on your own, step-parenting and parenting as a couple.

Over five weekly sessions you will discover practical tools to help you:

- Build a strong family, centred on love
- Meet your children's needs
- Set effective boundaries
- Teach healthy relationships
- Pass on the values you hold to be important

You will not be required to share anything about your family life that you would prefer not to. Every part of the course is optional, including contributing to the small group discussions.

Sunday afternoons

2:00 – 4:30

Afternoon Tea provided

Session 1- 21 October
Session 2 – 28 October
Session 3 – 4 November
Session 4 – 11 November
Session 5 – 18 November

**At the Chinchilla
Church of Christ**

**Villiers Street
Chinchilla**

**Cost is \$30 per
couple (covers
course book and
afternoon teas)**

**Child minding will
be provided.**

If you would like to come
along please notify

Shirley; 0457 457 696, or

Deb; 0407 379 887

Hope to see you there.